






September/October 2022

JACKSON YMCA LARGE POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5 AM											
6 AM	5:30-10 6L Open	5:30-10 6L Open	5:30-10 6L Open	5:30-10 6L Open	5:30-10 6L Open						
7 AM						7-9 6L Open					
8 AM	 BOTH POOLS CLOSED Oct. 3-27 8:45-10am Monday-Thursday  For Jackson Swims 2nd Grade Program 10-11 Mon.-Fri. 3L Available, 3L Aqua Fit Class										
9 AM											9-10 2L Open 3L Aqua Fit
10 AM											10-12:30 3L Open 3L Lessons
11 AM	11-3:15 6L Open	11-12 6L Open	11-4:30 6L Open	11-6 6L Open	11-4 6L Open	10-12:30 3L Open 3L Lessons		Sept. YMCA Closed			
12 PM	3:15-4:30 4L Open	12-2 3 L Open 3L Reserved	4:30-7:30 3L Open 3L Lessons	6-7 3L Zumba 1L Open	4-5:30 4L Open	12:30-1:30 3L Zumba 3L Available					
1 PM		2-4:30 6 Lanes Open									
2 PM	4:30-7:45 3L Open 3L Lessons	4:30-5:15 3L Open 3L AfterSchool	4:30-7:30 3L Open 3L Lessons	7-7:45 4L Open	5:30-7:30 2L Open 4L Swim Team	1:30-2:45 6L Open		Oct. 11-2:45 5L Available Open/Family Swim			
3 PM		5:15-6 4L Open									
4 PM		6-7 3L Zumba 2L Available									
5 PM		Open to 7:45	Open to 7:45		Open to 7:45	Starting Oct. open until 4:45					
6 PM											
7 PM											
8 PM											

SMALL POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 AM to 10 AM			5:30 -9:30 Open Swim				Sept. Closed
10 AM to 4 PM	5:30 -4:30 Open Swim	5:30 -12 Open Swim	9:30-10:30 Reserved 2nd and 4th Wed.	5:30-7:45 Open Swim	5:30-7:45 Open Swim	7-9:25 Open Swim	
		12-2 Reserved	10:30-4:45 Open Swim			9:25-11:45 Lessons	
4 PM to 8 PM	4:45-7pm Lessons	2-7:45 Open Swim	4:45-7pm Lessons			11:45-2:45 Open Swim	Oct. 11-2:45 Open/Family Swim
	Open to 7:45		Open to 7:45			Starting Oct. open until 4:45	