



December 2022

JACKSON YMCA LARGE POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-10am Mon.-Fri. 3L Lap Swim, 1L Water Walking, Open Swim						
10am-11am Mon.-Fri. 3L Lap Swim 3L Aqua Fit Class						
11am-4 pm 4L Lap Swim Open Swim	11am-12pm 4L Lap Swim Open Swim	11am-4 pm 4L Lap Swim Open Swim	11am-4:30 pm 4L Lap Swim Open Swim	11am-4 pm 4L Lap Swim Open Swim	7am-9am 4L Lap Swim Open Swim	
	12pm-2pm 4L Lap Swim Open Swim				9am-10am 3L Lap Swim 3L Aqua Fit	
4pm-5:15pm 4L Lap Swim Open Swim	2pm-4:30 pm 4L Lap Swim Open Swim	4pm-5:15pm 4L Lap Swim Open Swim	4:30pm-5:30pm 3L Lap Swim 1L Swim Lesson Open Swim	4pm-6pm 3L Lap Swim 1L Lessons Open Swim	10am-12:30pm 4L Lap Swim Open Swim	11am-3pm 3L Lap Swim Open Swim
5:15pm-6pm 4L Lap Swim 1L Swim Lesson	4:30pm-5:30pm 3L Lap Swim 1L Swim Lesson Open Swim	5:15pm-6pm 4L Lap Swim 1L Swim Lesson	5:30-6:30pm 3L Zumba 1L Swim Lessons 1L Lap Swim	6pm-7:15pm 1L Lap Swim 4L Orcas 1L Swim Lesson	12:30pm-1:30pm 3L Lap Swim 3L Aqua Zumba	
6pm-7:30pm 1L Lap Swim 4L Orcas 1L Swim Lesson	5:30-6:30pm 3L Zumba 1L Swim Lessons 1L Lap Swim	6pm-7:30pm 1L Lap Swim 4L Orcas 1L Swim Lesson	6:30pm-7pm 4L Orcas 1L Lessons 1L Lap Swim	7:15pm-8pm 3L Orcas 2L Lap Swim Open Swim	1:30pm-5pm 3L Lap Swim Open Swim	
7:30pm-8pm 3L Orcas 2L Lap Swim Open Swim	6:30pm-7pm 4L Orcas 1L Lessons 1L Lap Swim	7:30pm-8pm 3L Orcas 1Lap Swim 1L Triathlon Open Swim	7pm-8pm 3L Orcas 2L Lap Swim Open Swim			
	7pm-8pm 3L Orcas 2L Lap Swim Open Swim					



FREE SWIM WITH SANTA EVENT!
Friday, December 16 5:30pm-8:30pm both pools will be closed for the event!



JACKSON YMCA SMALL POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-4:45pm Open Swim		5:30am-4:30pm Open Swim				
4:45pm-7pm Closed for Swim Lessons	5:30am-8pm Open Swim	4:45pm-7pm Closed for Swim Lessons	5:30am-8pm Open Swim	5:30am-8pm Open Swim	7am-5pm Open Swim	11am-3pm Open Swim
7pm-8pm Open Swim		7pm-8pm Open Swim				