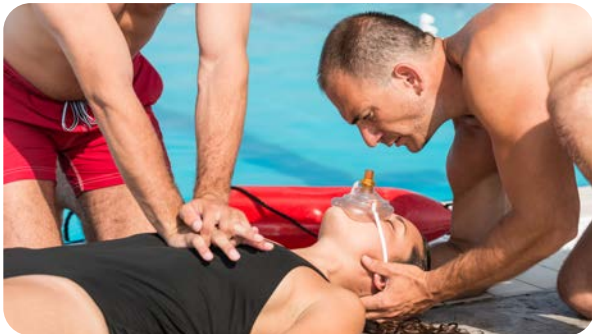


2023 Schedule

Location – Jackson YMCA 127 W. Wesley St.
Jackson MI, 49201

January 3-5	Lifeguard Course
January 8	CPR/AED/First Aid
February 19	CPR/AED/First Aid
March 14-16	Lifeguard Course
April 2	CPR/AED/First Aid
May 5-7	Lifeguard Course
May 14	CPR/AED/First Aid
June 13-15	Lifeguard Course
June 25	CPR/AED/First Aid
July 21-23	Lifeguard Course
August 6	CPR/AED/First Aid
September 17	CPR/AED/First Aid
October 22	CPR/AED/First Aid
November 19	CPR/AED/First Aid

More classes may be added throughout the year based on interest and instructor availability.



Jackson YMCA

127 W. Wesley St. Jackson, MI 49201
517.782.0537 JacksonYMCA.org

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



MAKE A DIFFERENCE SAVE A LIFE

**Jackson YMCA
American Red Cross Certifications**



Learn how YOU can save lives!
Become a certified First Aid, CPR,
and AED provider through the
American Red Cross at the Jackson
YMCA. These skills are great for
grandparents, parents, babysitters,
employees, coaches, etc.

127 W. Wesley St.
Jackson, MI 49201

Course Descriptions

Lifeguarding

The American Red Cross Lifeguarding course is open to anyone ages 15 or older, who can pass a physical competency test. This course is a blended learning course, including online learning and in person classroom and skill practice. After successful completion of the online learning and in person skills participants will receive a certification for Professional Rescuer, CPR, First Aid, and AED; valid for 2 years. Lifeguard class size is limited to 10 participants.

Online learning: 6-7 hours

Class Room Session: 27 hours

CPR/AED/First Aid

All CPR/AED/First Aid courses through the American Red Cross are open to anyone who can meet the requirements of in person skills practice. These classes are offered as an Instructor Led Training, and consist of 4.5 hours of in person learning and skills practice. Upon successful completion of all classroom learning and skills practice the participant will receive a certification; valid for 2 years. CPR/AED/First Aid class size is limited to 12 participants.

Renewal Courses

Renewal courses are offered for those who have an active Lifeguard or CPR/AED/First Aid certification through the Red Cross that is nearing expiration or has expired no more than 30 days before renewal course. Renewal courses are shorter in length. If you are interested in a renewal course please contact us for upcoming classes.

Course Cost

Lifeguarding:

YMCA Members \$175

Community \$225

CPR/AED/First Aid:

YMCA Members \$85

Community \$95

Renewal Course:

YMCA Member \$50

Community: \$60


Register at
JacksonYMCA.org



Contact

For questions or information on upcoming classes please contact Aquatics and Adult Program Director, Alexa Markham.

 alexa@jacksonymca.org

 906.869.3261

Course Offerings

The Jackson YMCA is a registered American Red Cross Training Site. Our instructors are certified through the American Red Cross and follow all training standards. We currently are certified to teach the following courses.

- Lifeguarding
- Adult/Pediatric CPR
- Adult/Pediatric CPR/AED
- Adult/Pediatric CPR/AED and First Aid
- Renewal courses



Group/Organization Certifications

If you are an employer or an organization, we can work with you on offering a course for a group (up to 20 people per class). Our instructors can come to you, at a day/time that works best for your group.

Please contact Aquatics and Adult Program Director, Alexa Markham for more information.